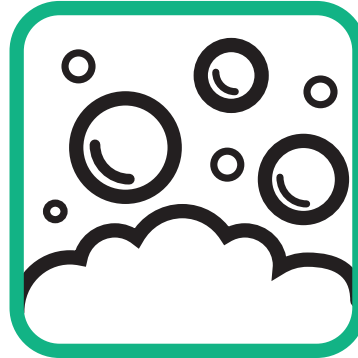


HOW TO PROTECT YOURSELF & OTHERS FROM COVID-19

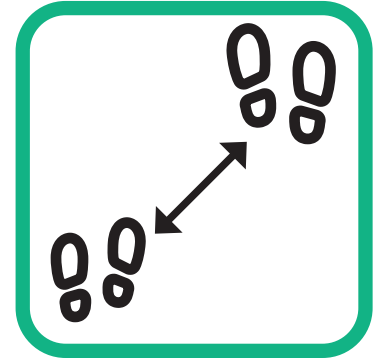
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>



**WEAR A MASK.
AVOID TOUCHING YOUR
EYES, NOSE, AND MOUTH.**



**WASH YOUR HANDS WITH
SOAP AND WATER FOR AT
LEAST 20 SECONDS**



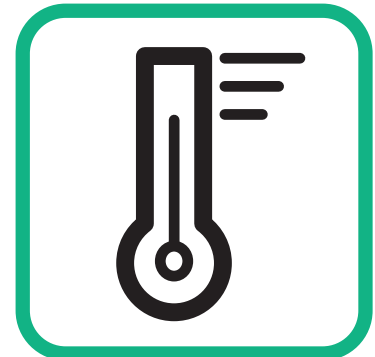
**PRACTICE PHYSICAL
DISTANCING**



**AVOID CLOSE PHYSICAL
CONTACT WITH PEOPLE
WHO ARE SICK**



**COVER YOUR COUGH WITH
A TISSUE, THEN THROW
THE TISSUE IN THE TRASH**



MONITOR FOR SYMPTOMS



**CLEAN AND DISINFECT
FREQUENTLY TOUCHED
OBJECTS AND SURFACES**



**STAY IN YOUR RESIDENCE
WHEN YOU ARE SICK, EXCEPT
TO GET MEDICAL CARE**



WWW.LOYOLA.EDU/HEALTHYHOUNDS